



PSHE for the Explore Curriculum Pathway

Wilson Stuart School

A Special Academy



Rationale:

Through the Explore Pathway, we aim to ensure that our students are safe, healthy and prepared for life's opportunities

The SLD PSHE framework comprises five interrelated strands, which support student's personal and social development. The strands are:

- Developing confidence and responsibility and making the most of their abilities;
- Preparing to play an active role as citizens;
- Developing a healthy, safer lifestyle; and
- Developing good relationships and respecting the differences between people.
- Sex and relationship education

PSHE Curriculum for Explore Pathway

Intent	Implementation	Impact
<p>The curriculum that is offered through the Explore Pathway:</p> <ul style="list-style-type: none"> • Will develop the students' self-awareness • Will teach students about self-care, support and safety. • Will enable students to manage their feelings • Will encourage students to lead a healthy lifestyle. • Will inspire students to live confidently in the wider world. 	<p>We achieve our intentions by:</p> <ul style="list-style-type: none"> • Experiencing a highly differentiated PSHE curriculum at least once a week – we use the EQUALS PSHE and Citizenship Curriculum • Covering all statutory RSHE content including Relationship Primary students, Sex Education for Secondary students and health education for all ages. • Using a variety of resources tailored for students with SEND • Consulting with both parents and students on which topics are the most important to them. • Planning for flexibility – we deal with issues that arise during our PSHE lessons. We encourage a reactive curriculum. • Provide staff training on areas that are more challenging or sensitive. • Build more time in to our long term plans so more time is spent on topics that matter the most. • Differentiate teaching so that our most vulnerable students are informed and protected. • Work with outside agencies to provide training. • Work with partner schools to share good practice and resources. 	<p>The impact of the Explore Pathway provision is demonstrated through the development of students who are:</p> <ul style="list-style-type: none"> • Self aware – they recognise who they are, their likes and dislikes, strengths and interests. • Able to look after themselves to the best of their ability • Emotionally intelligent – students can understand their feelings and recognise that those feelings affect choices and behaviours. • Aware of changes in their bodies. • Able to stay physically and mentally healthy. • Confident in the wider world