

## PSHE for the Believe (Post 16) Curriculum Pathway



## **Rationale:**

Through the Believe Pathway, we aim to ensure that our students are safe, healthy and prepared for life's opportunities.

PSHE Curriculum for Secondary Challenge Pathway		
Intent	Implementation	Impact
<ul> <li>The curriculum that is offered through the Challenge Pathway:</li> <li>Will develop the students' self-awareness</li> <li>Will teach students about self-care, support and safety.</li> <li>Will enable students to manage their feelings</li> <li>Will encourage students to lead a healthy lifestyle.</li> <li>Will inspire students to live confidently in the wider world.</li> </ul>	<ul> <li>We achieve our intentions by:</li> <li>Experiencing a highly differentiated PSHE curriculum at least once a week</li> <li>Covering all statutory RSHE content including Relationship and Sex Education for Secondary students and health education for all ages.</li> <li>Using a variety of resources tailored for students with SEND such as Jigsaw and Equals PSHE.</li> <li>Consulting with both parents and students on which topics are the most important to them.</li> <li>Planning for flexibility – we deal with issues that arise during our PSHE lessons. We encourage a reactive curriculum.</li> <li>Provide staff training on areas that are more challenging or sensitive.</li> <li>Build more time in to our long term plans so more time is spent on topics that matter the most.</li> <li>Differentiate teaching so that our most vulnerable students are informed and protected.</li> <li>Work with outside agencies to provide training.</li> <li>Work with partner schools to share good practice and resources.</li> </ul>	<ul> <li>The impact of the Believe pathway provision is demonstrated through the development of students who are:</li> <li>Self-aware - they recognise who they are, their likes and dislikes, strengths and interests.</li> <li>Able to look after themselves to the best of their ability</li> <li>Emotionally intelligent - students can understand their feelings and recognise that those feelings affect choices and behaviours.</li> <li>Aware of changes in their bodies.</li> <li>Able to stay physically and mentally healthy.</li> <li>Confident in the wider world</li> </ul>